

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

April 2022

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

| Commodity | Price (ZMW) / Unit | Quantity / Month | Total (ZMW) |
|----------------------|------------------------|-------------------|---------------------|
| Mealie Meal (Roller) | 153.96 25 kg bag | 2 x 25Kg | 307.92 |
| Rice | 108.62 5kg | 4kg | 87.08 |
| Cassava Flour | 11.61 1kg | 6kg | 69.60 |
| (Irish) Potato | 14.53 1 Kg | 4 Kg | 58.11 |
| Beans | 24.77 1kg | 3kg | 74.31 |
| Pounded Groundnut | 20.80 1kg | 1kg | 20.80 |
| Soya Pieces | 45.50 1 kg | 2kg | 91.00 |
| Beef | 83.32 1kg | 2kg | 166.64 |
| Chicken | 110 2kg | 5kg | 275.00 |
| Kapenta | 126.67 1kg | 1kg | 126.67 |
| Eggs | 21.75 1 unit (10 eggs) | 3 Trays (90 eggs) | 195.74 |
| Milk (Fresh) | 14.33 500 ml | 10 liters | 286.60 |
| Vegetables | 428.50 40 Kg | 40kg | 428.19 |
| Onion | 23.57 1 Kg | 4 Kg | 94.28 |
| Tomatoes | 25.18 1 kg | 6 kg | 151.08 |
| Banana | 17.19 1 Kg | 16 Kg | 275.04 |
| Other Fruits | 26.52 1 kg | 14 Kg | 371.28 |
| Cooking oil (2.5lts) | 127.21 2.5lt | 3.6lt183.18 | |
| Salt | 10.25 1 Kg | 1 Kg | 10.25 |
| Tea | 17.83 250g | 250g | 17.83 |
| Sub Total | | | ZMW 3,290.60 |

(B) COST OF ESSENTIAL NON-FOOD ITEMS

| Commodity | Price (ZMW) / Unit | Quantity / Month | Total (ZMW) |
|---|--------------------|------------------|---------------------|
| Charcoal | 158.33 90kg bag(s) | 2 90kg bag(s) | 316.66 |
| Soap (Lifebuoy/Champion) | 15.00 Tablet(s) | 3 Tablet(s) | 45.00 |
| Wash soap (BOOM) | 22.00 400g | 4 400g | 88.00 |
| Electricity (medium density) | 171.00 Month(s) | 1 Month(s) | 171.00 |
| Water & Sanitation (med - fixed) | 185.00 Month(s) | 1 Month(s) | 185.00 |
| Housing (3 bedroom) | 1,115.00 Month(s) | 1 Month(s) | 1,115.00 |
| Jelly (Vaseline) | 41.75 500ml | 1 500ml | 41.75 |
| Sanitary towels | 22.50 Pack of 10 | 2 Pack of 10 | 45.00 |
| Toilet Paper (2ply) | 4.00 Tissue(s) | 6 Tissue(s) | 24.00 |
| Lotion (Dawn) | 31.25 400ml | 1 400ml | 31.25 |
| Subtotal | | | ZMW 2,062.41 |
| Total for Basic Needs and Nutrition Basket | | | ZMW 5,353.01 |

(C) SOME OTHER ADDITIONAL COSTS

Education

| Item | Amount (ZMW) | Item | Amount (ZMW) |
|------------------------------|--------------|---------------|--------------|
| | | Chibesa-Town | 150.00 |
| | | Turn off-Town | 150.00 |
| School Uniform (Grades 8-12) | 450.00 | | |

Health

Transport (bus fare round trip)

Fuel (cost at the pump March, 2022)

| Item | Amount (ZMW) |
|--------------------|--------------|
| Petrol (per litre) | 26.50 |
| Diesel (per litre) | 26.22 |

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

| Lusaka | Kasama | Mansa | Mongu | Ndola | Solwezi | Monze | Chipata | Mpika | Luanshya | Kitwe | Kabwe | Livingstone | Choma | Chinsali | Mazabuka |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-------------|----------|----------|----------|
| 9,326.41 | 4,929.03 | 5,046.50 | 5,046.50 | 7,419.56 | 7,786.89 | 5,681.23 | 5,821.51 | 5,905.33 | 6,258.75 | 7,210.13 | 7,083.61 | 6,409.65 | 5,864.11 | 5,353.01 | 6,453.27 |

This survey was conducted on 25th April 2022, by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were Calculated on the basis of prices gathered from retail outlets at Kalungu, Kabatamba, New and Old market as well as Schools, clinics/hospitals, and filling stations around Chinsali. The April Basic Needs and Nutrition Basket is approximately US\$316.013 based on the exchange rate of K16.94 other costs would include personal care, clothing, recreation, etc.

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